

On the back of government advice, it is important to do **everything** that we can to keep everyone safe. The government currently advises:

Coronavirus in Scotland

To help protect yourselves and others:

- get the vaccine or the vaccine booster
- if you don't have symptoms take regular lateral flow tests especially before mixing with others
- wear a face mask where required
- if you have symptoms self isolate and book a PCR test
- wash your hands regularly and cover your mouth and nose if coughing or sneezing
- open windows when meeting indoors
- if you can, keep your distance from people not in your group

In order to minimise risk to staff we must repeat that payment in cash on the day is not acceptable. Where a rink is playing in other than a regular prepaid club game eg an inter club competition it would be greatly appreciated if payment is made in advance, to the office, by each skip.

In the event of a rink or club being unable to fulfil a fixture due to Covid the normal cancellation policy will apply and, for the avoidance of doubt, should the inability to fulfil the fixture be due to only one rink or club being unable to field a team in accordance with the rules of the competition, that rink or club will be responsible for the cost of the sheet of ice.

We share a responsibility to each other to follow the government guidance and in particular stress the importance of wearing a face covering whilst in the ice rink. Face coverings are required in the common areas, whilst each individual is free to decide whether they wish to remove their face covering on the ice, or when seated in the clubrooms.

With the number of cases rising, we advise everyone attending the facility in the coming days/weeks, especially in larger groups to take a Lateral Flow Test in advance. If the result is positive, please do **not** attend. In addition, even if the test is negative, if you are experiencing flu like symptoms please do **not** attend.

Your continued co-operation will be greatly appreciated.

Norman Watt, Chairman MCL and Sean Murphy, President ECC.